

# NEWSLETTER JUNE 2015

### AGM June 24, 2015 SHOWCASING "THE BOARD"





I joined the board of Clay Tree Society in 2010 and have been President for the past year. Initially, I became connected to the Society when I started working at Clay Tree in 2006. With 15 years experience working with people with disabilities and extensive management experience, I feel I have a lot to offer the Society.

I hold a degree from the University of Toronto in Fine Arts as well as a Teaching Degree from the University of West Anglia, A Management Diploma from De Montfort University and a Masters in Counselling from the University of East Anglia. I was also an accredited Counsellor with the British Columbia Association of Clinical Counsellors.

I enjoy working in my pottery studio, swimming, singing in the Malaspina Choir and spending time with my Grandchildren.

### Joan Gibson

I have been an advocate for my daughter for 40 + years. During that period of time I have been a member of many parent advisory groups at various schools that she atteded, and then became a Board Member for Clay Tree, shortly after she began coming to the day program here, in 1989.

Over the years I have had the opportunity to sit on several committees, such as the Voices in Action Committee, the Advisory Committee, the Hiring committee and lately the Fundraising Committee. I have held various positions on the Board of Directors, such as President for 3 years, Recording Secretary for 7 years, Past President, Director, and recently Vice President.

I have come to know many of the participants, families, caregivers and staff during these years. The most important job of the Board of Directors is the preservation of the Society, and that is something that I am very passionate about because I know how important it is to a great many of people.

I am very proud of what the current Board of Directors has accomplished in the last year and would very much like to serve as a Board Member for another term, if the membership so chooses.



### Kris Huberts



After graduating and earning a degree at McMaster University, I had the opportunity to help build and grow a mens's fashion collection sold throughout the world. For nearly 10 years I contributed in all aspects of the business, including design and manufacturing in Italy, sales and distribution throughout North America and Europe, and everything in between. After significant success, extensive travel and much contemplation, the search for a simpler life led my wife and I to a new beginning in beautiful Nanaimo, BC.

With a strong financial background and extensive training, I joined Edward Jones and began building my business in Nanaimo. I appreciate the opportunity to build long term relationships with my clients and help ensure their financial goals and objectives are achieved. My business quickly grew and has allowed me to work with a smaller number of clients in the interest of providing the highest level of service. I believe in giving back to the community I live and work in, and hope to contribuite to the health and growth of Clay Tree Society in Nanaimo.



### SHOWCASING "THE BOARD"



### Dan Dube

Dan Dube came to Clay Tree on a practicum for the Community Support Worker certificate program he was taking at Malaspina University. Dan felt the work Clay Tree is doing is very important and he wanted to be a part of it. Unfortunately, Dan's health became an issue and it forced him to leave Clay Tree with a heavy heart.

In 2012 Dan started a new drug regimen for his, until then, incurable disease. The results have been slow but positive.

In 2013 Dan heard there was an open board position at Clay Tree and he felt could try to help as long as his health permits. So far so good. Dan's interests are: People, music, art and quantum physics.



### Darlene Trinkwon

I am originally from Nova Scotia but have called Nanaimo my home for 29 years. I currently work for the School District in a life skills classroom. In addition, I have cared for and taught special needs for twenty years. This includes one participant from Clay Tree and one former participant.

I have been involved with Clay Tree for seven years. Shortly after joining I became a board member and jumped on the fundraising committee. I enjoy being active in Clay Tree, its like my second home.

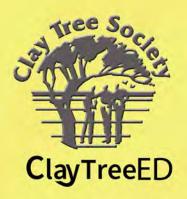
Speaking of home, I am a wife and mother of two beautiful children that are all grown up. My close knit family play a vital role in my life as well as my house full of five dogs and two cats. In my past time you can find us walking our dogs or enjoying a family BBQ.

I hope to always be helping in anyway I can and find fulfillment in the smiling faces at Clay Tree.



# YOUR VOTE MATTERS!

AGM June 24th 2015





Another hectic but fulfilling month here at Clay Tree. The Connections program has been well received and is open every evening. Darryl is having a blast as he is running the programs on Wednesday as well as overseeing the staffing etc, many thanks to Cassie, Lisa and Debra also to the volunteer efforts of Susan who had everyone making cards for Mothers Day, let's hope it moves from strength to strength. We are hoping to have regular future events i.e. In June we will be starting a cookery class and hopefully a few afternoon visits to the beach. Any suggestions or anyone wanting to volunteer please see Darryl or telephone him on 250 753 5322 ext 2.

Our AGM is coming soon on June 24th at the Cavallotti Hall and will start with a meet and greet at 5.00p.m. and the AGM meeting starting at 6.45, if you could let reception know how many of you will be attending that will be great for our catering purposes. There will be entertainment and Arbutus will be showcasing their wares along with great food and drink and plenty of info on Clay Tree and the latest progress.

Many thanks to Barrie Rogers and Ruth Thorpe who toured our facilities at the end of April and presented us with the very first check from the Rogers Foundation, 10k towards our much needed wheelchair vehicle, so the total is now at 23k.

We now have over 100 participants regularly attending Clay Tree both in the regular programs and in Connections, it is great to see the Centre so lively for so long in the day, we have a great facility and it is good it is being so well used.

This will be our last newsletter before the summer, so I wish everyone a great time whether they are traveling or staying in Beautiful British Columbia.

Kind Regards,

Glenys Patmore









We have a new hand crafted bench that was built and donated by Dave Elgie. We also now have some beautiful Iris plants that were donated by Jacqui Tozer.

Both will be such a lovely addition to our gardens at Clay Tree.

We thank you Dave & Jacqui for your donations!

### Fun With Nature

Every Wednesday afternoon the Concepts Program welcomes everyone to their Nature and Group Game activity.

On April 29 2015, Lacey Houbregs presented to the group her love of Ireland. She talked about the history, the villages, animals and the Opera House. She said the Phantom of the Opera was filmed in a building like the one in Belfast. Everyone was surprised to know that the Titanic was built in Ireland.

Lacey went to the Emerald Isle when she was 4 years old and remembers the music, the dancing and meeting her relatives.

The audience remarked to Lacey that her prescntation was wonderful, awesome and just plain perfect.

Thank you Lacey, well done

# Gardening Day

Starting June 2nd we will be meeting at Clay Tree on Tuesdays from 9:30-11:30.

We will be welcoming program participants and staff to join us each tuesday. Do bring any gardening tools/gloves that you may have each Tuesday.

We will be scheduling Sunday morning gardening session at a later date. Please ensure that Cassie at reception has your current e-mail address so you can receive notification of dates and special projects.

We are in need of good soil and mulch at the present time.

For further information please contact Ken Armstrong at kjma6457@gmail.com or 250-390-3302.

Look forward to seeing you on Tuesday mornings. We will meet at Clay Trees front entrance.









# UNIVERSAIL PRECAUTIONS

To avoid getting infected with HIV, Hepatitis B or C or another communicable disease, use the following precautions when you come into contact with any body fluids or fecal matter. In order to be safe and not to discriminate, assume that everyone is infectious.

### COVER CUIS

If you have cuts or open sores on your skin, cover them with a plastic bandage.



# Wash hands

Wash your hands with soap and hot water for at least 20 seconds after you have had contact with blood or other body fluids, after going to the bathroom, before preparing or eating food, and after removing latex gloves. Use hand lotion to help keep your hands from becoming chapped or irritated. Intact skin is

your first defense against infection!



Use caution when disposing of garbage and other waste that may contain infected materials or used needles.

Discard material soiled with blood or other body fluids in a sealed plastic bag.



### Wash

CLOTHES

Soiled items should be stored in sealed plastic bags. Wash soiled clothing separately in hot soapy water and dry in a hot dryer, or have clothes dry-cleaned.

### WEAR GLOVES

If there is any risk of coming into contact with blood or other body fluids, wear latex gloves.
Gloves should only be worn once and disposed of in a plastic garbage bag.

### CLEAN MP

Spills of blood or other body fluids should be cleaned up with a fresh mixture of household

bleach (1 part) and water (9 parts).
Paper towels should be used and disposed of in a plastic garbage bag.
Remember to wear latex gloves during clean-up.

For more copies of this poster or other documents on HIV/AIDS, contact the Canadian HIV/AIDS Information Centre \$\&\text{877-999-7740} & 613-725-1205\$\$\Bar{\text{\sqrt{2}}}\ \text{aidssida@cpha.ca} \text{www.aidssida.cpha.ca}

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#### **CLAY TREE CLOSURE DATES:**

Monday June 15th, 2015 - Staff SIVA Training

Wednesday July 1st, 2015 - Canada Day

August 3rd - 7th, 2015 - Summer Closure Reopening on Monday August 10th

	May		June
3rd	Meyliss Gaskill	3rd	<b>Christine Valette</b>
15th	Karen Hie	6th	<b>Gary Gorton</b>
17th	Drew Brennan	7th	Kathleen Houghton
18th	Ed Gabriel	7th	Michael Jochumsen
21st	<b>Trevor Moutray-Vogt</b>	8th	Sandrita Acosta
	David Palmer	9th	Dakota Robertson
23rd	Jody Johnson	12th	Terry Newman
	No. Comment	18th	Dana Roncin
		28th	Gary Nelson
		28th	Charlie Rait
	July	29th	Wayne Morgan
14th	Shirley Keno		August

14th Brittany Payne 18th Shauna Costello

24th Ruth McLellan

#### August

7th	Pam Waltham
14th	Tanya Perrott
16th	Dale Amos
17th	Orrin Jordan
24th	<b>Gerald Ollenberger</b>
27th	Ryan Anderson
28th	Victoria Ring
31st	Janice Muckle
31st	Megan Orcutt

#### **EVENT DATES:**

Wednesday June 24th, 2015 - AGM @ Cavallotti Lodge

Saturday July 18th, 2015 – Flea Market @ Clay Tree Society

Friday September 11th - Fundraiser @ Cavallotti Hall - MORE DETAILS COMING SOON

Kicking off Community Living Month in October 2015 will be the return of "The Quest for the cup!"

#### CONTACT US:

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Please send us your email address, and we make certain you get a copy of the latest Newsletter! or you can view it online at: http://www.claytree.org/media

