
FEBRUARY 2021

MONTHLY NEWSLETTER CLAY TREE SOCIETY

The latest news and updates



**BULLYING
STOPS
HERE!**
TOGETHER WE CAN MAKE A DIFFERENCE



MONTH OF MARCH!

Free Membership!

**Find out how to get your
FREE Membership in this
issue of the Newsletter.**

WWW.CLAYTREE.ORG



Clay TreED

A monthly update from our Executive Director



Hello to all friends and family of Clay Tree Society,
I really hope that you are enjoying the new style monthly update. We are looking forward to Spring now and some warmer weather would be very gratefully received. We are monitoring carefully the vaccine rollout and keeping our fingers crossed at some point that we do get back to normal service, we all miss so much the great camaraderie when all the staff and participants could mingle together and enjoy the company of the whole centre. At the moment we are getting so many clients wanting more and more service but I would ask you to be so patient as with social distancing we are still limited on a day to day basis of how many people are allowed on site. We are at full capacity with the two meter social distancing rules still in place. If any caregivers or family members have any questions remember you can always give Rachel Pearsall a call or phone reception.

On a happy note the "bubbles" are doing great projects which you can catch up with on facebook and everyone attending seems to be enjoying their Clay Tree Lifestyle, during February we had a dress up day near to Valentines Day which was great fun and again all the photos were on facebook.

We have a new training course starting next week that is being led by Kat Strandberg and Elaine Manning and they have 6 new trainees starting so good luck to all of them, Kat and Elaine have been hard at work customizing the training to comply with all of the Covid rules and regulations.

You will still hear from time to time about virtual fund-raising that Susan Easter is heading up so please help us whether it is buying chocolate from Purdy's or a an online auction, we are grateful for your support.

Gratitude seems to be the theme of COVID, strength and hope we can meet again soon.

Kind Regards to you and all your families,
Glenys Patmore



for health and





Tea Time Goal

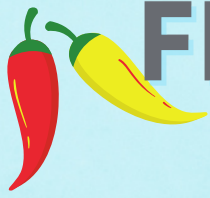
By: Elaine Manning



Two loves of Sarah's are gardening and drinking tea. In November Sarah planted spearmint, lemon mint and balm seeds in an AeroGarden, it wasn't long before her seeds began to sprout. With much enthusiasm Sarah nurtured her plants by singing and talking to them, stroking their leaves, feeding and watering them. It's no wonder by February her herbs were tall and strong. Sarah carefully picked the leaves and proudly made tea for her friends in the white room. It turns out indoor gardening is a great hit for Sarah. Her goal was enjoyed by everyone who watched the herbs grow and of course there are many more cups of tea to be enjoyed.

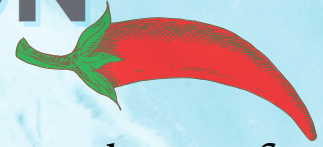
Well done Sarah.





FERMENTATION

By: Emmalee Braun

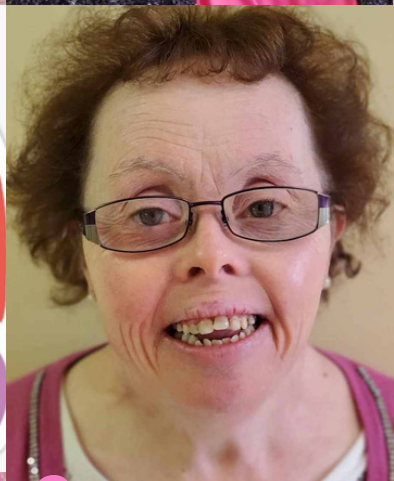


Kathleen is always the first person to raise her hand to volunteer for fermentation experiments and is always asking what she can do to help next. Kathleen is brave enough to try lots of foods she's never heard of and this week was no exception. This week we made Conserva de pimento – Brazilian Pickled Chiles. We added lots of spices and some veggies to balance some of the heat. After this Kathleen helped whip up a batch of Pineapple ginger Kombucha. We are excited for next weeks fermentation class where we will be using our leftover ingredients to make a fermented pineapple habanero hot sauce.



sauce.





A lovely little share

Dom & Brenda are planting seeds of GRATITUDE

This poem was found on the internet and was just what they were looking for.



Planting Your Spring Garden
For The Garden of Your Daily Living

Plant 3 Rows of Peas

1. Peace of Mind
2. Peace of Heart
3. Peace of Soul



Plant Four Rows of Squash

1. Squash Gossip
2. Squash Indifference
3. Squash Grumbling
4. Squash Selfishness

Plant Four Rows of Lettuce

1. Lettuce Be Faithful
2. Lettuce Be Kind
3. Lettuce Be Patient
4. Lettuce Really Love One Another.



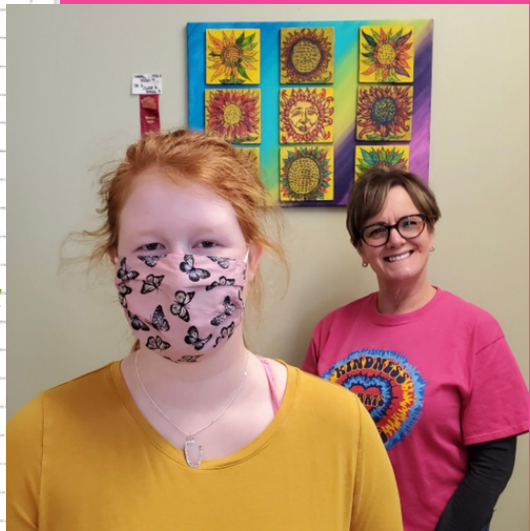
No Garden is Complete Without Turnips.

1. Turnip for Meetings
2. Turnip for Service
3. Turnip to Help One Another

To Conclude Our Garden We must have Thyme

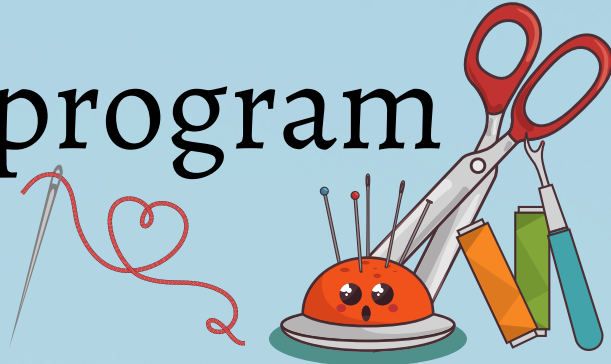
1. Thyme for Each Other
2. Thyme for Family
3. Thyme for Friends.

Water Freely with Patience and Cultivate with Love.
There is much Fruit in Your Garden, because You reap what you Sow.



Sewing program

By: Linda Lobello



Our final day of this term sewing program ended with joy and achievement. All the participants have advanced to a level that surprised them and me. Our projects are getting more difficult and each sewing day I see the group tackle and solve ways of creating ideas for gift items for family and friends. We are hoping for a chance in the near future to invite guests for our Clay Tree Fashion Show.





By: The OHS Committee

Introducing to you the Occupational Health and Safety (OHS) Committee for Clay Tree Society, the Committee currently consists of three members. Representing the staff is Lisa Toews (left) and Theresa Stephen (middle). Kat Strandberg (right) acts as management team representation. The OHS team meets once a month to discuss issues of concern that are submitted by members of the staff and any other areas we know need addressing. We put our heads together and do our best to problem solve. All three of us are fairly new to OHS, and we are excited to pursue further training in this area. We are very proud of the work that we do as part of the OHS Committee.





We have new office door!

AND - behind that new door at the front desk is our new Administrative Assistant Amrijot Dial.

Congratulations Am, on your new position with Clay Tree!



FREE CLAY TREE MEMBERSHIP OFFER
One month ONLY! March 2021

For one month we are offering you a **FREE** membership to **CLAY TREE SOCIETY!**

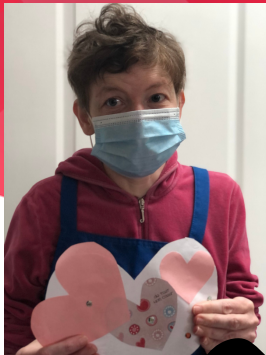
Offer valid only for the month of March.

PLEASE print, clip and submit this form to get your free membership please note this free membership offer expires on March 31st (midnight) and you must submit this form to qualify for the **FREE** membership.

Name (s) _____

Address with postal code _____

Telephone number _____ Email _____



FEBRUARY 12TH

LOVE



DRESS UP DAY!

