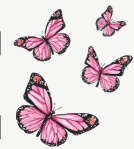




CLAY TREE NEWSLETTER



250-753-5322

"PEOPLE HELPING PEOPLE"

WWW.CLAYTREE.ORG



Munch a Lunch is here!

We're excited to share that our new Munch a Lunch program is now up and running!

This easy-to-use online system allows families to order hot lunches ahead of time, helping us stay organized and making the process simple for everyone.

We're so happy to offer this new program and look forward to providing enjoyable lunch options for the people we support!

If you have any questions, please don't hesitate to reach out, we're here to help.

DATES TO REMEMBER

May 14, 2026 - Meet the Board of Directors, at Clay Tree 6:30-8:30.

Monday, May 18, 2026 Closed
Stat holiday - Victoria day.

Please note Clay Tree is closed for all Stat holidays.

Summer Closure:
August 3 - 7, 2026.



PLANT A THOUGHT & HELP CLAY TREE GROW

A Message from Alexandria ~

You've asked us for different ways to share information with staff and the board of directors. We think this is important so we've added something to the common room. It's a place where you can share what you think about different things at Clay Tree. We call it the Plant a Thought Box at Clay Tree. You can give us an idea to make Clay Tree better. You can tell us if there is a problem you want us to know about.

You can also say "thank you" to someone who does something special or kind. Every month we will hold a random draw for those names. The person you nominate for being kind will have a chance to win a gift card.

When you have something to share you can write it on a piece of paper and put it in the box. You can put your name on the paper but you don't have to. If you need help you can ask staff. Parents and caregivers can also send an email or call Reception and we will put their idea in the box for them.

I'm so excited to hear what you all think!



We are so grateful to our friends at Wildewood Health for their generous donation of an awesome shelving unit. This thoughtful gift will help us create a more organized and welcoming space in our Red Room.

A special thank you as well to our honorary members Ken & Mary-Anne Armstrong for facilitating the donation & to Dennis Anderson & Rick Lindstedt for transporting this wonderful donation to Clay Tree.

Your kindness and support mean so much to our community.



SWING INTO SUPPORT & RAISE THE ROOF



Our Health & Fitness group is looking for gently used golf clubs to avoid rental costs. If you have any you'd be willing to donate, we would truly appreciate it.

We're also hoping to "raise the roof" with a few 10x10 tents! If you have a new or gently used tent to spare, you'd be helping us stay covered rain or shine. Thank you for your support!

WE ARE THRILLED TO ANNOUNCE THE FOUNDER'S DAY DANCE

Clay Tree Society PRESENTS
DINNER & DANCE
 IN HONOUR OF FOUNDER
Cathy Armstrong

Join us for an evening of celebration, connection, and community in honour of Cathy Armstrong's legacy.

FRIDAY, MAY 29, 2026
 6:00 PM – 10:00 PM

ROYAL CANADIAN LEGION BRANCH 256
 1630 East Wellington Road Nanaimo, BC

DINNER • DANCE • SILENT AUCTION

QUESTIONS? CALL 250-753-5322
TICKETS \$25.00 each

Celebrating
69 YEARS
 CLAY TREE SOCIETY
 MAY 3, 1957

Let's Celebrate

We look forward to sharing this meaningful and joyful occasion with our Clay Tree community!



May is a special month at Clay Tree as we celebrate our roots and the incredible legacy of our founder, **Cathy Armstrong**. Please join us as we come together for an evening of music, connection, and celebration!

Purchase your tickets for just \$25.00 each at the Clay Tree reception desk (cash or e-transfer), or call ahead to reserve and pay by e-transfer. Your tickets will be ready for pickup at the door on the night of the celebration. Send e-transfers to: Susan.Easter@claytree.ca and include "Founders Day Dance Tickets" and your name in the memo.



Naloxone Training at Clay Tree

Clay Tree recently hosted a "Train the Trainer" naloxone session led by Shannon Witham, Regional Harm Reduction Coordinator with Island Health.

Staff from Clay Tree and other local agencies took part in this hands-on training, gaining important skills to respond to opioid overdoses safely and confidently.

Additional training opportunities will be available for Clay Tree staff. You can also contact Shannon at shannon.witham@islandhealth.ca to learn more about this important work.

 **Tower of Taters!**

The Field to Fork group constructed a potato tower this week! The group had a great time singing "hot potato", while working together! Three varieties of potatoes were planted & everyone is looking forward to using the potatoes in the hot lunch program in the future.



Take a Seat & Support Clay Tree!

We're looking for lawn chair donations to help make our outdoor spaces more comfortable for participants and staff. New or gently used chairs are welcome. If you have some to donate, please drop them off at reception. Thank you for your kindness and support!

Weekly Staff Meetings

Every Tuesday morning we have a staff meeting. It's a time to review policies. Sometimes it's easy to forget about important things. This is a good chance to talk about them together. The meeting is always very short. It's just ten minutes long so staff can go and open the gates to welcome participants for the day.

